

HOW YOU CAN HELP SAVE THE OCEAN



1. REDUCE FOOD AND HOUSEHOLD WASTE
2. REUSE PLASTICS AND OTHER MATERIALS
3. RECYCLE FOOD AND HOUSEHOLD WASTE



WHAT IS FOOD AND HOUSEHOLD WASTE?
 → LEFT OVER FOOD/SCRAPS
 (banana peels, vegetable stems, food that is out of date etc)

WHAT CAN YOU REUSE?

- WATER BOTTLES
- LUNCH BOXES
- JARS & TINS
- STRAWS
- PLASTIC BAGS
- LEFT OVER FOODS (IN DATE & NOT GONE OFF)



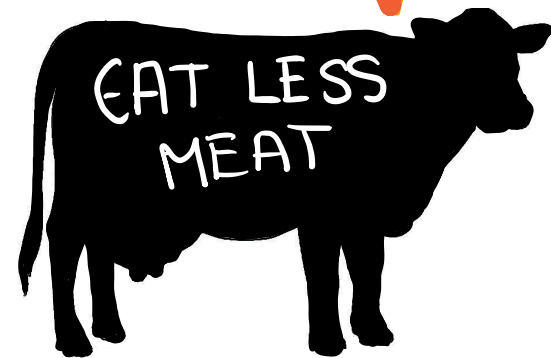
→ PACKAGING
 PLASTIC/CARDBOARD BOXES, GLASS JARS, TINS
 → BOTTLES, BOTTLE CAPS AND STRAWS

REDUCE YOUR CARBON FOOTPRINT ☺

- WALK SHORT DISTANCES
- USE PUBLIC TRANSPORT
- SHARE CAR RIDES



mother earth



BEACH CLEANS

REMOVING LITTER FROM OUR BEAUTIFUL BEACHES HELP REDUCE PLASTIC POLLUTION HELPS OUR OCEANS MASSIVELY. MAKING MOTHER EARTH VERY HAPPY!



GET YOUR OWN REUSEABLE WATER BOTTLE AND LUNCH BOX

